



THE RESORT AT
PELICAN HILL.
NEWPORT BEACH

**HIGHLY PERSONALIZED WELLNESS EXPERIENCES FULFILL INTENTIONS
TO RELAX, RENEW AND INVIGORATE AT THE SPA**

To visit The Spa at Pelican Hill® is to embark on a highly personalized voyage of fulfillment and realization in the most pampered and indulgent of spa ambiances. In the cocooned and nurturing world of The Resort at Pelican Hill's Five-Star Spa, guests are immersed in the ultimate in individualized care and their desires are fulfilled with the renowned global therapies using only natural and organic products.

The Ambiance: Guests enter to a fresh scent of the Mediterranean and through a dramatic 28-foot Palladian rotunda, with light reflecting off a tranquil water wall. Inside the 23,000 square feet of the Spa are: 22 private treatment rooms designed for quiet comfort and deep relaxation; luxurious, separate dressing areas for men and women with every amenity and appointment; an array of facilities including men and women's Acqua Colonnade with herbal steam rooms, saunas, whirlpools and soaking tubs; a state-of-the-art fitness center; full-service salon; a sumptuously appointed Spa Suite; and a boutique.

Natural, Organic & Seasonal: All plants, herbs, extracts and botanicals used at the spa, from wild sage to Sorrento lemons, are natural, organic and grown here in California – in some cases in the Resort's own backyard. The spa and the organic products used turn with the seasons as well, focusing on pomegranate in the fall, honey in winter, lavender in spring and fig in summer. In addition, Body Bliss of Sedona, acclaimed for its development of natural and authentic products, has created a proprietary product line for The Spa at Pelican Hill, including signature massage oils from avocado and olive and aromas from fruits and wild flora.



Before Arrival: In advance of arrival at the Spa, the therapist introduces himself/herself to the guest and discerns the guest's personal goals – whether to replenish with treatments that rejuvenate, restore balance and detoxify; or invigorate with therapies that strengthen, energize and boost immunity; or simply relax with treatments that help you unwind and relieve stress and tension.

A Welcoming Immersion:

Following a warm and graceful welcome, an itinerary of the guest's spa journey is presented, enclosed in an artistic book hand-crafted in Venice. Escorted to the Italian-inspired relaxation area, the guest is provided a warm spa robe, slippers and a locker that opens to the invigorating scent of an aromatherapy sachet. As a relaxing prelude to the treatment or therapy, a pre-service tea is served as a calming wall of water gently flows nearby.



The Spa Menu: The menu features traditional rejuvenating treatments and heralded therapies from around the world – with an emphasis, however, on restoring and maintaining their original purity, authenticity, philosophy and effectiveness, which too often have been lost in today's evolving spa world. Appropriate treatments for each guest are determined based on the guest's goals and intentions, and are then customized accordingly for the guest, including matching the guest with the appropriate therapist or technician, elevating well being and pampering to an art form.

Treatment Rooms: The 22 large and airy rooms, designed for quiet comfort and deep relaxation, are colored in natural hues of ivory and tan with splashes of silvery blue, and feature silent corkboard flooring, soothing honey-maple cabinetry, hand-poured candles and the fragrance of lavender. For bath treatments, there are two treatment suites with infinity bathtubs. A medical treatment room is used for facials employing micro-dermabrasion, micro-current and other techniques.

Incorporating Nature: The Spa at Pelican Hill sits in the midst of a natural haven, where wild aromatic sage, sumac and fennel mix with fresh on-shore ocean breezes and sun-drenched hillsides along a pristine coastline. Inviting guests to embrace nature at the Spa, Pelican Hill offers a variety of classes and activities, such as Restorative Yoga in the Movement Studio, daily hikes along Crystal Cove's bluff-top trails, and Sunrise Boot Camp overlooking the ocean. One-on-one fitness offerings include personal training and private Pilates sessions.

Wellness Retreats: The Spa offers a full-day Spa Suite Day of Wellness experience, which may be arranged as a private program for individuals or small groups.

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