

**FROM THE PRESS
& BLENDER**

COLD PRESS JUICES (LITTLE WEST)

green detox \$14 _v
coconut, cucumber, celery, kale,
fennel, parsley

gold'n greens \$14 _v
pineapple, fuji apple, cucumber, kale,
dandelion, turmeric, lemon, mint

sunrise \$14 _v
orange, carrots, coconut h2o, lemon,
ginger, turmeric

ginger snap \$14 _v
fuji apple, green apple, ginger, lemon

SMOOTHIES

power up \$16 _{vg}
rice milk, bananas, dates,
raw almond butter, whey protein

newport \$16 _{vg}
strawberries, bananas, organic apple juice,
honey, yogurt

californian \$16 _v
detox cold press juice, almond butter,
pea protein powder

wellness **CUISINE**

seasonal california fruits \$24 _{vg/gf}
berries, chef's selection of seasonal
fruit, yogurt

yogurt parfait \$19 _{vg}
yogurt, vanilla, almond granola, honey,
fresh berries

bruleed steel cut oats \$19 _{vg/gf}
bananas, blueberries, almonds,
torched turbinado sugar

caprese avo toast \$24 _{vg}
mozzarella, heirloom tomato compote,
balsamic, arugula

lobster scramble* \$38 _{gf}
mushrooms, brie cheese, chives,
free range eggs

spinach egg white omelet \$26 _{vg/gf}
tomato, feta cheese, mushrooms

coliseum omelet \$28 _{vg/gf}
mushrooms, oven roasted tomato,
peppers, mozzarella, arugula pesto

**SWEET
MORNING**

buttermilk pancakes \$16 _{vg}
powdered sugar, maple syrup

belgian waffle \$16 _{vg}
whipped cream, powdered sugar

**brioche french
toast \$18** _{vg}
vanilla-cinnamon batter,
seasonal berries, powdered sugar

**the pelican
breakfast \$24** _{vg}
house-baked pastries,
fresh-squeezed juice, coffee or tea

EGGS & more

served with breakfast potatoes and choice of toast

build an omelet \$27 _{gf}
choice of three: bacon, ham, sausage,
tomato, mushroom, peppers, spinach,
onion, cheddar, goat cheese

two eggs your way* \$27 _{gf}
two eggs any style, two strips of bacon,
two sausage links

BREAKFAST

A.M. FAVORITES

**cold-smoked salmon
bagel* \$28**
pickled red onions, capers, arugula,
cream cheese, toasted bagel,
dill creme fraiche

farmer's hash* \$24 _{gf}
potato, bacon, spicy italian sausage,
onions, jalapenos, tomato, herbs,
fried egg, bearnaise

breakfast burrito \$22
scrambled eggs, bacon, breakfast
potatoes, cheddar cheese, salsa

**smoked salmon
eggs benedict* \$32**
english muffin, poached eggs, espelette,
bearnaise, breakfast potatoes

**wagyu breakfast
burger* \$36**
snake river farms, american cheese,
egg, secret sauce, hash brown, bacon,
brioche bun, breakfast potatoes

_{v=vegan vg=vegetarian gf=gluten free}

*Consuming raw or undercooked meats, poultry,
seafood, shellfish or eggs may increase your risk
of foodborne illness. For parties of 6 or more,
20% gratuity is added automatically.

