

olive garden

For a hydrating sensory experience that celebrates Southern California's harvest season, guests at **The Spa At Pelican Hill** (Newport Beach, CA) can indulge in the Grape Seed & Olive Oil Scrub (starting at \$120, 50 minutes). Available in October and November, this exfoliating treatment begins with a brief introductory talk to explain the service as well as the benefits of the Body Bliss products used. The real fun begins with an application of a grapeseed and olive oil scrub. The therapist starts at the feet and moves up the body using circular strokes. Spa-goers then shower off the scrub and are treated to a 30-minute full-body massage with Rosemary Olive Body Butter to conclude the experience. "This fall treatment invites guests to indulge in rich seasonal ingredients, with a warm scrub of ground olive skins, grapeseeds, and nourishing olive oil," says spa director Liza Esayian. "As dry fall weather arrives in Southern California, this treatment is designed specifically to polish the skin, remove dry skin cells, and open the body to receive vital nutritional elements that leave the skin moist and glowing." For Body Bliss products: www.bodybliss.com.—*H.M.*

